

Supplement Facts Label Compliance Checklist

21 CFR §101.36 · 50-point QA reference

Use this 50-point checklist as a final QA pass before releasing your Supplement Facts label artwork to manufacturing. Every item is tied to its governing subsection of 21 CFR §101.36 - check the full guide on eviclaim.com for the underlying rule and rounding examples.

Panel structural & typography compliance

- ☐ Panel is enclosed in a box or defined border with thin black rules.
- ☐ Title is exactly "Supplement Facts" and is bolded.
- ☐ "Supplement Facts" title is the largest text size inside the panel.
- ☐ All subheadings ("Amount Per Serving," "Active Ingredients," "% Daily Value") are bolded.
- ☐ Font used is clean, sans-serif (e.g., Arial, Helvetica) and highly legible.
- ☐ Font size for dietary ingredient names is at least 8 point (or 4.5 point on very small packages).
- ☐ A heavy black bar runs horizontally below "Servings Per Container."
- ☐ A second heavy black bar runs below the (b)(2)-dietary ingredients, if any are present.
- ☐ Light horizontal rules separate individual dietary ingredients.
- ☐ Quantitative weights are aligned in a column to the right.
- ☐ % Daily Value column is aligned to the far right, matching the heading.

Serving size & container verification

- ☐ Serving size represents the maximum dose recommended in the directions for use.
- ☐ Serving size is expressed first in household measures (e.g., "1 Tablet," "2 Capsules").
- ☐ Household measure is followed by the metric equivalent in parentheses.
- ☐ Metric weight or volume is rounded to the nearest tenth of a gram or milliliter.
- ☐ "Servings Per Container" is declared directly below Serving Size.
- ☐ Servings per container value is accurate based on total physical package weight/count.
- ☐ Multi-serving containers with variable settling use the qualifier "About" (e.g., "About 30 servings").

Caloric & macronutrient calculations

- ☐ Calories are declared if they equal or exceed 5 calories per serving.
- ☐ Calories are calculated using the general 4-4-9 factors or another approved scientific method.
- ☐ Calorie count is rounded to the nearest 5-calorie increment (if under 50 calories).
- ☐ Calorie count is rounded to the nearest 10-calorie increment (if over 50 calories).
- ☐ Macronutrients (fat, carbohydrates, protein) are rounded using correct significance rules.

Ingredient classifications & ordering

- ☐ (b)(2)-dietary ingredients are listed first, above any (b)(3)-dietary ingredients.
- ☐ (b)(2)-dietary ingredients are listed in the exact order required by 21 CFR §101.36(b)(2)(i).
- ☐ No (b)(2)-dietary ingredients with zero or insignificant values are declared.
- ☐ (b)(3)-dietary ingredients are listed below the (b)(2) ingredients, separated by a horizontal line.
- ☐ (b)(3)-dietary ingredients are listed in descending order of predominance by weight.

- ☐ Quantitative weights of all dietary ingredients are written with their units (g, mg, mcg).

Proprietary blend compliance

- ☐ Blend is explicitly identified as a "Proprietary Blend" or another approved descriptive name.
- ☐ Total quantitative weight of the entire blend is declared.
- ☐ Individual ingredients inside the blend are listed in descending order of predominance by weight.
- ☐ No individual weights of ingredients within the blend are disclosed.

Botanical & herb nomenclature

- ☐ Common names of botanicals match the standardized common names in Herbs of Commerce.
- ☐ Latin binomials (Genus species) are included in parentheses where required.
- ☐ No botanical derived from *Eleutherococcus senticosus* uses the term "Siberian ginseng."
- ☐ The word "ginseng" is reserved exclusively for plants within the genus *Panax*.
- ☐ The specific part of the plant used (e.g., leaf, root) is declared in parentheses.
- ☐ Extract ratios or standardization details are accurately specified.

Footnotes & percent daily value symbols

- ☐ % Daily Values are calculated using the current FDA RDI and DRV tables.
- ☐ (b)(3)-dietary ingredients have a reference symbol (e.g., †) in the %DV column.
- ☐ Footnote reading "† Daily Value not established." is placed at the bottom of the panel.
- ☐ No unapproved conventional food footnotes are present in the panel.

Allergen & language regulations

- ☐ All nine major allergens (Milk, Eggs, Peanuts, Tree Nuts, Wheat, Fish, Crustacean Shellfish, Soy, Sesame) are declared.
- ☐ If a separate "Contains" statement is used, it sits immediately below or adjacent to the panel.
- ☐ "Contains" statement is set in bold and lists the common allergen sources (e.g., Contains: Milk, Soy.).
- ☐ Specific tree nuts, fish, or crustacean species are declared by common name (e.g., "Contains: Coconut").
- ☐ If any part of the label is written in a foreign language, the entire panel is repeated in that language.
- ☐ Statement of Identity ("Dietary Supplement") is printed in bold type on the principal display panel.
- ☐ Label artwork is based entirely on the current, revised nutrition labeling regulations.

EviClaim runs a full §101.36 compliance check

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